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आज़ादी का
अमृत महोत्सव

भारत सरकार / GOVERNMENT OF INDIA
रेल मंत्रालय / MINISTRY OF RAILWAYS
(रेलवे बोर्ड / RAILWAY BOARD)

GENERAL MANAGER OFFICE
MODERN COACH FACTORY RAEBARELI
RE/... 1372
Azadi Ka
Amrit Mahotsav 31/05/2022

No. 2021/E(Trg)/11/1

New Delhi, Dt. 30.05.2022

The General Managers,
All Indian Railways/Production Units
CORE/Allahabad, Metro Railway/Kolkata

The Director Generals/Director,
RDSO/Lucknow,
All Central Training Institutes.

The Chief Administrative Officers,
Diesel Loco Modernisation Works/Patiala.
COFMOW/New Delhi.

PCPO
ANW
31/5/22

Sub: CPR Training session for the Railway employees throughout India.

Kindly refer to Board's letter of even number dated 22.10.2021 & 08.02.2022 (copies enclosed) wherein Rlys/PUs/CTIs were advised to conduct online webinars for their employees in consultation with the iCARE Holy Family hospital Mumbai. However, the organization has intimated that only few Rlys had responded so far for the live sessions (webinar).

2. As the proposed training is a life saving measures, Railways are once again requested to conduct online webinars for their employees **in consultation with the iCARE Holy Family hospital Mumbai**. For any further query/clarification, following person may be contacted.

Ms. Sumaiya Raghavan

Operations Head

iCARE

Holy Family Hospital

Mumbai.

Mob: #9821162053

Email: sumaiya.raghavan@saveheartsfoundation.org

Encl: As above.

(Janardan Ojha)

Joint Director (Training)

Railway Board

Tele.: 011-23047246

e-mail: trainingbranch.rb@gmail.com

Copy to:

Ms. Sumaiya Raghavan - Operations head, iCARE, Holy Family Hospital Ext., Hill Road, Bandra West, Mumbai - 400050.



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(रेलवे बोर्ड/RAILWAY BOARD)

75
Azadi Ka
Amrit Mahotsav

SN-3

No. 2021/E(Trg)/11/1

New Delhi, Dt. 08.02.2022

The General Managers,
All Indian Railways/Production Units
CORE/Allahabad, Metro Railway/Kolkata

The Director Generals/Director,
RDSO/Lucknow,
All Central Training Institutes.

The Chief Administrative Officers,
Diesel Loco Modernisation Works/Patiala.
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Copy to:

1. Ms. Sumaiya Raghavan – Operations head, iCARE, Holy Family Hospital Ext., Hill Road, Bandra West, Mumbai – 400050.



Government of India (Bharat Sarkar)
Ministry of Railways (Rail Mantralaya)
(Railway Board)

No. 2021/E(Trg)/11/1

New Delhi, Dt. 22.10.2021

The General Managers,
All Indian Railways/Production Units
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The Director Generals/Director,
RDSO/Lucknow,
All Central Training Institutes.

The Chief Administrative Officers,
Diesel Loco Modernisation Works/Patiala.
COFMOW/New Delhi.

Sub: CPR Training session for the Railway employees throughout India.

Holy Family Hospital, Bandra West, Mumbai has launched the iCARE project to provide crucial knowledge and hands-on training related to CPR during the case of emergency. These sessions are now available online as well.

2. **Webinar Contents:** Each Webinars organized for IR personnel includes the following:

- i) How to recognize Sudden Cardiac Arrest
- ii) Learning the techniques of Resuscitation (CCR/hands only CPR)
- iii) How to make use of the life saving device called an Automated External Defibrillator (AFD)

3. Under Project iCARE, Holy Family Hospital, Bandra West, Mumbai has already had hands on live sessions at some Railway premises. It has now been decided to conduct the sessions under the initiative of Project iCARE for IR officials throughout the Pan India. The Team for iCARE Holy Family hospital Mumbai who would be conducting the workshop :

- (i) Ms. Sumaiya Raghavan – Operations head
- (ii) Mr. Anand Shrivastav – Project Director

The duration of the session will be one hour after which the team would address questions from the attendees.

4. **Course fees:** The webinar will be free of cost.

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